|  |  |  |  |
| --- | --- | --- | --- |
| **KIPLINGS WEEK 1** | **MONDAY** | **TUESDAY** | **WEDNESDAY** |
| **MAIN** | Cottage pie or vegetable cottage pie  **GF,DF,SF**  Vegetables & gravy | Cottage pie or vegetable cottage pie  Vegetables & gravy | Cottage pie or vegetable cottage pie  Vegetables & gravy |
| **JACKET POTATO OR SANDWICH**  **(***Gluten free bread available)* | Cheese  & veggie sticks  **V** | Chicken mayonnaise  & veggie sticks  **Gf,Df** | Tuna mayonnaise  & veggie sticks  **Gf,Df** |
| **IDDSI** | cottage pie/ veg pie | cottage pie/ vegetable pie | cottage pie/ vegetable pie |
| **DESSERT** | Rice pudding or fruit | Rice pudding or fruit | Rice pudding or fruit |

|  |  |  |  |
| --- | --- | --- | --- |
| **KIPLINGS WEEK 2** | **MONDAY** | **TUESDAY** | **WEDNESDAY** |
| **MAINS** | Chicken curry or vegetable curry  **Gf,Df,Sf,**  With Vegetable rice | Chicken curry or Vegetable curry  With vegetable rice | Chicken curry or vegetable curry  With vegetable rice |
| **JACKET POTATO OR SANDWICH** | Cheese  & veggie sticks | Chicken mayo  & veggie sticks | Tuna mayo  & veggie sticks |
| **IDDSI** | Chicken or veg curry | Chicken or veg curry | Chicken or veg curry |
| **DESSERT** | Vegetarian fruit jelly | vegetarian fruit jelly | Vegetarian fruit jelly |

|  |  |  |  |
| --- | --- | --- | --- |
| **KIPLINGS WEEK 3** | **MONDAY** | **TUESDAY** | **WEDNESDAY** |
| **MAINS** | Pork Sausage **DF**  or Vegan sausage**GF,DF,Vg**  Mash,peas and gravy | Pork sausageDF  Or Vegan sausage **gf,DF,Vg**  Mash peas & gravy | Pork Sausage **DF**  Or Vegan sausage **Gf,Df,Vg**  Mash,peas & gravy |
| **JACKET POTATO OR SANDWICH**  **(***Gluten Free bread available)* | Cheese **Gf,V**  & veggie sticks | Tuna mayo **Gf,Df**  & veggie sticks | Chicken mayo **Gf,Df** |
| **IDDSI** | **pork or veg sausage** | **pork or veg sausage** | **pork or veg sausage** |
| **DESSERT** | Ice cream or fruit | Ice cream or fruit | Ice cream or fruit |

**Gf- gluten free**

**Df- dairy free. *DAIRY FREE DESSERT ALTERNATIVE WILL BE CHILLED***

**Sf- soya free. *CUSTARD & FRUIT PUREE***

**V- vegetarian**

**Vg- Vegan**